



Heartstart and Defibrillator Training at The Studio, Tattenhall in 2017

British Heart Foundation "Heartstart" Training 2017

The **Heartstart** programme includes: assessing an unconscious patient, performing cardiopulmonary resuscitation (CPR), dealing with choking, dealing with serious bleeding, helping someone who may be having a heart attack.

The next sessions are on Saturdays, 2-5pm on:

4 February; 3 June; 14 October 2017

Defibrillator Training 2017

Tattenhall Community First Responders have funded wholly or in part the provision of a number of defibrillators in the locality, and everyone should know how to use them.

The next sessions are on Saturdays, 2-4.30pm on the following dates:

29 April; 26 August; 2 December 2017

The training is being delivered by

Tattenhall Community First Responders

at

The Studio, Worley Court, Bolesworth Road, Tattenhall, CH3 9HW

To book a place, phone either:

Jill Raine on 01829 771895 or Rob Selby on 01829 770586

Cost: This training is provided free of charge - however donations to Tattenhall Community First Responders are gratefully received.

www.thestudiotattenhall.co.uk